

# ALLERGEN INFORMATION

**kimiko**

March 2024

# HOT FOOD

M = May Contain

Name	Cereals	Crustacean	Celery & Celeriac	Egg	Fish	Lupin	Milk	Mollusca	Mustard	Nuts	Peanuts	Sesame	Soy	Sulphur Dioxide / Sulphates	Wheat (Gluten)
Japanese Curry													✓	✓	✓
Chicken Katsu Curry													✓	✓	✓
Vege Gyoza Curry			M						M			✓	✓	✓	✓
Chicken Gyoza Curry		M		M	M			M				✓	✓	✓	✓
Ebi Fry Curry		✓											✓	✓	✓
Soy Braised Tofu													✓		✓
Spicy Korean Chicken		M			M		✓	M			M		✓	✓	✓
Salmon Teriyaki					✓							✓	✓		✓
Vege Tempura Teriyaki												✓	✓		✓



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Chicken Katsu Burger + Chips	M			✓						M					✓
Ebi Fry Burger + Chips	M	✓		✓						M	M		✓		✓
Vege Gyoza Ramen			M	✓					M		M	✓	✓		✓
Chicken Gyoza Ramen		M		✓	M			M			M	✓	✓		✓



# SNACKS

M = May Contain

Name	Cereals	Crustacean	Celery & Celeriac	Egg	Fish	Lupin	Milk	Mollusca	Mustard	Nuts	Peanuts	Sesame	Soy	Sulphur Dioxide / Sulphates	Wheat
Chicken Katsu Dipper				✓									✓		✓
Vege Gyoza Dipper			M						M			✓	✓		✓
Chicken Gyoza Dipper		M		M	M			M				✓	✓		✓
Ebi Fry Dipper		✓		✓									✓		✓
Takoyaki				✓	M			✓				M	✓		✓
Spicy K-Pop Chicken		M			M		✓	M			M		✓		✓
Chicken Karage				✓									✓		✓
Chips & Japanese Curry													✓	✓	✓



# NUTRITIONAL INFORMATION

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March 2024

# HOT FOOD

\* Figures Per Serving

Regular portion

Name	Energy (kcal)	Energy (kJ)	Carbohydrate (g)	Protein (g)	Fat (g)	Saturated Fat (g)	Sugars (g)	Salt (g)	Fibre (g)
Japanese Curry	497	2080	93.0	10.6	9.0	5.1	6.2	2.4	2.0
Chicken Katsu Curry	980	4079	104.2	27.6	50.0	13.5	6.4	2.8	2.4
Vege Gyoza Curry	880	3664	112.2	14.8	40.7	9.0	7.6	3.6	4.0
Chicken Gyoza Curry	900	3748	111.4	17.0	42.5	9.8	8.5	3.4	2.0
Ebi Fry Curry	858	3575	108.0	16.5	39.6	9.0	7.1	3.4	2.7
Soy Braised Tofu	528	2210	89.5	17.1	11.3	0.1	7.0	2.2	2.1
Spicy Korean Chicken	786	3283	105.2	23.7	2.5	6.7	10.5	4.3	2.5
Salmon Teriyaki	718	3004	124.4	25.9	12.5	3.4	18.7	2.6	1.9
Vege Tempura Teriyaki	1026	4277	143.7	10.3	44.3	5.2	21.8	2.6	3.9



# HOT FOOD

\* Figures Per Serving

Regular portion

Name	Energy (kcal)	Energy (kJ)	Carbohydrate (g)	Protein (g)	Fat (g)	Saturated Fat (g)	Sugars (g)	Salt (g)	Fibre (g)
Chicken Katsu Burger + Chips	785	3281	81.1	27.2	40.3	7.3	6.6	3.7	6.8
Ebi Fry Burger + Chips	712	2984	87.5	16.7	33.3	4.1	9.1	4.9	7.5
Vege Gyoza Ramen	399	1669	48.8	16.2	14.4	1.8	6.5	10.6	3.0
Chicken Gyoza Ramen	414	1730	44.8	18.5	17.2	3.0	6.7	10.1	1.0



# HOT FOOD

\* Figures Per Serving

Sumo portion

Name	Energy (kcal)	Energy (kJ)	Carbohydrate (g)	Protein (g)	Fat (g)	Saturated Fat (g)	Sugars (g)	Salt (g)	Fibre (g)
Sumo Japanese Curry	816	3411	145.5	17.8	17.6	10.2	11.9	4.2	3.3
Sumo Chicken Katsu Curry	1511	6300	167.9	51.8	69.8	23.4	12.3	5.0	4.1
Sumo Vege Gyoza Curry	1254	5232	174.3	24.2	50.2	14.1	14.1	5.9	6.3
Sumo Chicken Gyoza Curry	1284	5358	173.1	27.4	53.0	15.4	15.3	5.4	3.3
Sumo Ebi Fry Curry	1267	5291	175.6	29.7	48.8	14.3	13.7	6.1	4.7
Sumo Soy Braised Tofu	882	3690	139.4	31.0	22.4	0.2	13.9	4.4	3.6
Sumo Spicy Korean Chicken	1110	4640	158.6	37.0	36.3	9.4	15.6	6.6	3.5
Sumo Salmon Teriyaki	1042	4360	160.6	44.4	23.8	6.5	33.3	4.8	2.2
Sumo Vege Tempura Teriyaki	1388	5796	6.5	13.1	57.4	6.5	39.4	4.8	6.2





# SNACKS

\* Figures Per Serving

Name	Energy (kcal)	Energy (kJ)	Carbohydrate (g)	Protein (g)	Fat (g)	Saturated Fat (g)	Sugar (g)	Salt (g)	Fiber (g)
Chicken Katsu Dipper	273	1136	13.3	17.3	18.2	5.2	1.8	1.0	0.5
Vege Gyoza Dipper	172	724	31.1	5.7	2.3	0.3	8.4	2.4	2.8
Chicken Gyoza Dipper	190	800	26.1	8.6	0.3	1.9	8.7	1.8	0.3
Ebi Fry Dipper	165	689	18.0	6.3	9.2	0.8	2.5	1.6	0.9
Takoyaki	406	1676	40.5	10.3	25.9	2.6	4.5	2.8	4.7
Spicy K-Pop Chicken	308	1289	25.7	15.8	15.6	5.4	11.1	2.5	0.8
Chicken Karaage	323	1344	14.5	14.9	25.7	4.7	4.5	1.7	0.8
Chips & Japanese Curry	416	1733	41.0	5.5	24.6	4.9	3.6	1.4	4.2

